

## Liflor Hydro Manual



<https://my.liflor.eu>

## What Lifter Hydro can do



**Monitor fluid intake**  
It automatically recognizes when and how much you drink.



**Measures accurately**  
The built-in scale tracks every sip.



**Clear history**  
View daily, weekly and monthly overviews.



**Reminders**  
Smart notifications help you maintain your drinking routine.



**Fast and precise**  
Real-time measurement.



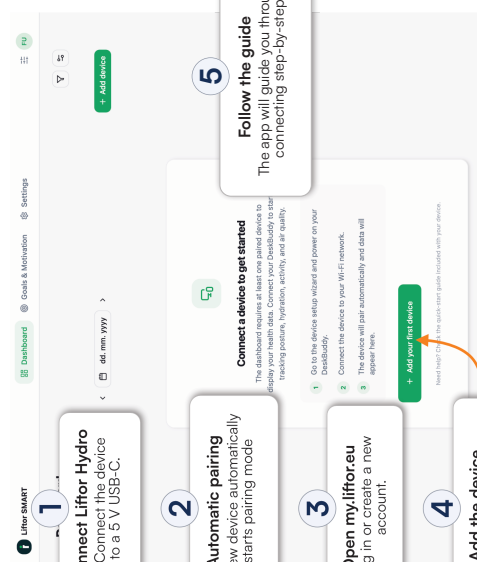
**Simple to use**  
Just place the glass.



**USB-C power**  
Modern and universal.



## First Setup and Pairing



- 1 Connect Lifter Hydro**  
Connect the device to a 5 V USB-C.
- 2 Automatic pairing**  
A new device automatically starts pairing mode.
- 3 Open my.lifter.eu**  
Log in or create a new account.
- 4 Add the device**  
In the app choose 'Add device' to add a new device.
- 5 Follow the guide**  
The app will guide you through connecting step-by-step.